BALFES

BRUNCH

Wrights of Marino Irish smoked salmon & scrambled eggs, granary bread ε_{14} Smashed avocado, poached eggs, cherry vine tomatoes & sourdough $\vee \varepsilon_{14}$ Eggs Benedict with hollandaise & back bacon ε_{14}

Buttermilk pancakes with banana & honeycomb butter ϵ_{14} / with blueberries, bacon & maple syrup ϵ_{14}

BODYBYRNE

Balfe's creative, health conscious dishes are carefully put together by Siobhán & Paul Byrne of BodyByrne Fitness with over 30 years experience of keeping the country fit & healthy.

BodyByrne breakfast poached or scrambled eggs, avocado, cured turkey rashers, white turkey pudding, black pudding, sweet potato cake, plum tomato & toasted sourdough €17

Wholemeal wrap with chicken, avocado, mozzarella & tomato salsa €16

Turkey burger, guacamole, paprika sweet potato wedges, salsa & slaw €24

Superfood salad with quinoa, beetroot, feta ∨ €17 Add grilled chicken €5 / gambas €6

Soup of the day ∨ €8

Grilled gambas, romesco & charred baguette ϵ_{18} Buffalo milk burrata, heritage tomatoes, basil & pine nuts $\lor \epsilon_{16}$ Heritage tomatoes, grilled halloumi, black olive & cucumber $\lor \epsilon_{14}$

• MAINS • ------

Corn fed chicken milanese with parmesan, rocket, caper & lemon vinaigrette €23

Balfes cheeseburger with bacon, tomato relish, white cabbage slaw & fries €21

Deep-fried haddock & chips, mushy peas & tartare sauce €21

Seafood skillet with haddock, chorizo & mixed shellfish in spicy bisque €29

Baked aubergine, mozzarella, basil & datterini tomatoes ∨ €17

Heritage 10oz ribeye steak, fries & bearnaise €37

Broccoli, lemon olive oil V/VE €6

Rocket & parmesan V €5.50

Potatoes: Fries or buttered new ∨ €5.50 Mac 'n' cheese ∨ €8

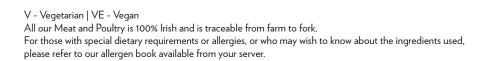
o DESSERTS o o

Rosé prosecco with raspberry sorbet, flowers & Wexford strawberries €9.50 Cru Virunga chocolate mousse, honeycomb & créme fraîche ∨ €9 Balfes whiskey baba, 'five farms Irish cream liqueur' chantilly & raspberries ∨ €9

Classic vanilla créme brûlée, shortbread biscuits ∨ €9

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Gelato: vanilla, valhrona chocolate, pistachio ∨ €3 per scoop Sorbet: peach, raspberry, strawberry V/VE €3 per scoop



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