

BALFES

BRUNCH

Wrights of Marino Irish smoked salmon & scrambled eggs, granary bread €14

Smashed avocado, poached eggs, cherry vine tomatoes & sourdough V €14

Eggs Benedict with hollandaise & back bacon €14

Buttermilk pancakes
with banana & honeycomb butter €14 / with blueberries, bacon & maple syrup €14

BODYBYRNE

Balfes's creative, health conscious dishes are carefully put together by Siobhán & Paul Byrne of BodyByrne Fitness with over 30 years experience of keeping the country fit & healthy.

BodyByrne breakfast
poached or scrambled eggs, avocado, cured turkey rashers,
white turkey pudding, black pudding, sweet potato cake, plum tomato & toasted sourdough €17

Wholemeal wrap with chicken, avocado, mozzarella & tomato salsa €16

Turkey burger, guacamole, paprika sweet potato wedges, salsa & slaw €24

Superfood salad with quinoa, beetroot, feta V €17
Add grilled chicken €5 / gambas €6

STARTERS & SALADS

Soup of the day V €8

Grilled gambas, romesco & charred baguette €18

Buffalo milk burrata, heritage tomatoes, basil & pine nuts V €16

Heritage tomatoes, grilled halloumi, black olive & cucumber V €14

MAINS

Corn fed chicken milanese with parmesan, rocket, caper & lemon vinaigrette €23

Balfes cheeseburger with bacon, tomato relish, white cabbage slaw & fries €21

Deep-fried haddock & chips, mushy peas & tartare sauce €21

Seafood skillet with haddock, chorizo & mixed shellfish in spicy bisque €29

Baked aubergine, mozzarella, basil & datterini tomatoes V €17

Heritage 10oz ribeye steak, fries & bearnaise €37

SIDES

Broccoli, lemon olive oil V/VE €6

Rocket & parmesan V €5.50

Potatoes: Fries or buttered new V €5.50

Mac 'n' cheese V €8

DESSERTS

Rosé prosecco with raspberry sorbet, flowers & Wexford strawberries €9.50

Cru Virunga chocolate mousse, honeycomb & crème fraîche V €9

Balfes whiskey baba, 'five farms Irish cream liqueur' chantilly & raspberries V €9

Classic vanilla crème brûlée, shortbread biscuits V €9

SCÚP GELATO & SORBETS

Gelato:
vanilla, valhrona chocolate, pistachio V
€3 per scoop

Sorbet:
peach, raspberry, strawberry V/VE
€3 per scoop

V - Vegetarian | VE - Vegan

All our Meat and Poultry is 100% Irish and is traceable from farm to fork.

For those with special dietary requirements or allergies, or who may wish to know about the ingredients used, please refer to our allergen book available from your server.

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