

BALFES

STARTERS

Soup of the day V €8

Carlingford Rock oysters, shallot vinaigrette
Three €9 / Six €18 / Nine €27

Grilled gambas, romesco & charred baguette €18

Buffalo milk burrata, heritage tomatoes, basil & pine nuts V €15

Tuna tartare, honey, soy & sesame €16

Irish charcuterie, house pickles €19

Grilled mediterranean vegetable tartine,
sundried tomato pesto, vegan feta & tamari roasted seeds VE €12
Available until 4pm daily

SALADS

Classic Caesar salad, rosemary croutons & parmesan €14

Superfood salad with quinoa, beetroot, feta V €17
Add grilled chicken €5 / gambas €6

MAINS

Chicken schnitzel, asparagus, Caesar dressing & lemon €22

Thai red curry mussels with coconut, chilli & lime €18

Balfes cheeseburger with bacon, tomato relish, white cabbage slaw & fries €19.50

Dukkah roasted lamb rump, chickpea relish & herb tabbouleh €29

Deep-fried haddock & chips, mushy peas & tartare sauce €20

Balfes plant-based bean burger with spicy tofu mayonnaise & pickles VE €18.50

Lobster & prawn tagliolini, roasted cherry tomatoes & confit garlic €30

Baked aubergine, mozzarella, basil & datterini tomatoes V €16.50

Heritage 10oz ribeye steak, fries & bearnaise €36
Add grilled gambas €6 / Beara Blue €3.50

BODYBYRNE

Balfes's creative, health conscious dishes are carefully put together by Siobhán & Paul Byrne of BodyByrne Fitness with over 30 years experience of keeping the country fit & healthy.

Wholemeal wrap with chicken, avocado, mozzarella & tomato €16
Available until 4pm daily

Turkey burger, guacamole, paprika sweet potato wedges, salsa & slaw €24

Sticky soya & ginger salmon with Asian greens & mango salsa €25

SIDES

Broccoli, lemon olive oil V/VE €6

Potatoes: Fries or buttered new VE €5.50

Rocket & parmesan V €5.50

Gem heart, avocado, Beara Blue V €6

Sautéed spinach V €5.50

Mac 'n' cheese V €8

DESSERTS

Rosé prosecco with raspberry sorbet, flowers & Wexford strawberries V/VE €8

Cru Virunga chocolate mousse, honeycomb & crème fraîche V €9

Balfes whiskey baba, 'five farms Irish cream liqueur' chantilly & raspberries V €9

Classic crème brûlée, shortbread biscuits V €9

SCÚP ICE CREAMS & SORBETS

Ice cream:
vanilla, valhrona chocolate, pistachio V
€3 per scoop

Sorbet:
rhubarb & ginger, raspberry, strawberry V/VE
€3 per scoop

V - Vegetarian | VE - Vegan

All our Meat and Poultry is 100% Irish and is traceable from farm to fork.

For those with special dietary requirements or allergies, or who may wish to know about the ingredients used, please refer to our allergen book available from your server.

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