

# BALFES

## BRUNCH

Wrights of Marino Irish smoked salmon & scrambled eggs on granary bread €14

Smashed avocado, poached eggs, slow roasted cherry vine tomatoes, sourdough toast V €14

Toasted pecan granola with lemon yoghurt & raspberry compote VE €9

3 egg omelette with honey roasted ham, smoked Gouda, caramelised onions & rocket V €15

Eggs Benedict – smoked salmon or cured ham with poached eggs & hollandaise €14

Buttermilk pancakes with cinnamon poached fruits & mascarpone cream €14  
with cured bacon, blueberries & maple syrup €14

## STARTERS & SALADS

Grilled Gambas with smoky romesco relish, sea vegetable butter, sourdough & charred lemon €18

Soup of the day with house bread V €8

Buffalo mozzarella with avocado pesto and grilled datterini tomatoes, pine nuts V €15

Mixed heritage beetroots, St Tola goats cheese, walnuts, mint & apple VE €12

Grilled chicken Caesar salad with avocado, anchovy, parmesan & crispy pancetta €19

## MAINS

Chicken alla Milanese with rocket, parmesan, capers & lemon €22

Dry-aged Higgins butchers Ribeye, with lobster mayonnaise, watercress salad & fries €37

Deep-fried haddock & chips, mushy peas & tartare sauce €20

Roasted Mediterranean vegetables, chickpea tabbouleh, smokey aubergine, mint yoghurt & grilled flat bread V €16.5

Spaghetti Pomodoro with bocconcini & fresh basil V/E €17

Dry-aged beef burger, brioche bun, tomato relish, mature Irish cheddar, club sauce & fries €19.5  
add bacon €1.5

BodyByrne Superfood mixed grain salad V €17  
add grilled chicken €5  
add grilled Gambas €6

## SIDES

Buttered Ratties & house tartare €5.5

Fries €5.5

Roasted sweet potato wedges with rosemary salt V/VE €6

Tomato, basil & red onion VE €5.5

Steamed sprouted broccoli with garlic & parmesan V €6

## DESSERTS

Classic vanilla crème brûlée with blueberries & lemon shortbread V €9

Baked lemon tart with raspberry sorbet V €9

Vanilla & Honeycomb ice cream sundae with hot chocolate sauce V €9

Ice cream; Vanilla, chocolate, pistachio V €3 per scoop  
Sorbet; Roasted mango, raspberry, strawberry VE €3 per scoop

V - Vegetarian | VE - Vegan

All our Meat and Poultry is 100% Irish and is traceable from farm to fork.

For those with special dietary requirements or allergies, or who may wish to know about the ingredients used, please refer to our allergen book available from your server.

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