



BALFES

BALFES

TAKEAWAY BREAKFAST

(Monday to Friday 8am to 11.30am)

A Choice of Morning Pastries €7
Pain au chocolat, croissant or scone

 Bodybyrne Turbo Energy Granola €8
Greek yoghurt & berries

Bacon butty €10

All the options come with a coffee or a juice of your choice.

Balfes Street, Dublin D02 CH66 | T +353 (0)1 646 3353 | www.balfes.ie

 @BalfesDublin  /BalfesDublin  @BalfesDublin



BODYBYRNE
TRAINING

Balfe's creative, health conscious dishes are carefully put together by Paul Byrne of BodyByrne Fitness with over 27 years experience of keeping the country fit and healthy.