

BRUNCH

APERITIF COCKTAIL






€13

Milano-Torino - Sweet Vermouth, Rinomato L'Aperitivo, Vanilla, Pimento, Amontillado Sherry, Lemon, Boston Bitters, Soda
Venetian Spritz - Aperol, Campari, Apricot, Tonka, Cocoa, Manzanilla Sherry, Dandelion & Burdock Bitters, Champagne
Yayo - Spanish Sweet Vermouth, Glendalough gin, Honey, Creole Bitters, Champagne
Kill Devil - Plantation Grand Reserve Rum, Banana, Ginger, Almond, Palo Cortado Sherry, Lemon

TO SHARE

Bread & dips, hummus, roast red pepper & cashew pesto €5.5
Charcuterie plate, selection of cured meats, ham hock terrine, pâté, olives, pickles & crusty sourdough €19.5
Burrata, roast cherry vine tomatoes, semi sundried tomato crème, olive oil & country loaf €17

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 Smashed avocado on sourdough, poached eggs €12.5
 BodyByrne Eggs Florentine, wholemeal bread, yoghurt dressing €12.5
Free range poached eggs - Benedict, Florentine or Royale served on English breakfast muffin €12.5
3 Egg Omelette, fries & salad
Ham & cheese | Smoked salmon & chive | Egg white omelette & spinach €13.5
Add dry cured bacon €2
 BodyByrne Full Breakfast, poached or scrambled egg, avocado, cured turkey rashers, white turkey pudding, black pudding, sweet potato cake, vine tomato & toasted ancient grain sourdough bread €16.5
Blueberry & bacon pancakes, maple syrup €12.5
 BodyByrne oat pancakes, cooked in coconut oil
Berries, walnuts & agave nectar | Scrambled eggs & avocado | Organic almond butter & banana €12
Classic Caesar salad, aged parmesan, anchovies, croutes €14 | €18
Add grilled chicken €4.5
Superfood salad, roast beetroot, quinoa, feta, sprouting broccoli, toasted seeds & pomegranate €11.5 | €15.5
Add grilled chicken €4.5
Josper grilled gambas, harissa aioli & lime €17
Fish & chips, crushed peas & tartare sauce €18.5
Prime beef burger, brioche bun, smoked paprika mayo, tomato, gruyere cheese, bacon & fries €18.5
 Turkey burger, guacamole, paprika sweet potato wedges, salsa & healthy coleslaw €19

OPEN SANDWICHES

Fivemiletown goats cheese tartine, €12 Roast beef, horseradish cream, rocket salad, black €13
honeyed walnuts & rocket radish & caramelised onion
Marinated smoked Irish salmon, dill oil, spiced €13  BodyByrne Sweet potato, roast pepper, chicken, €14.5
ricotta & mixed baby leaves hummus & wholemeal wrap
Add cup of soup €5.5

SIDES

€5.5

Sautéed greens |  Sweet potato wedges | Fries | Rocket & parmesan salad | Buttermilk onion rings
Cauliflower & tahini dressing

Balfes takes pride in sourcing the very best of quality Irish artisan produce. All our beef is 100% Irish and grass fed. Our steaks are 28 day dry aged. All our eggs from Happy Hens on free range farms. Our food could contain nut traces. Allergen booklet available upon request.

DESSERTS

Mixed berries, Champagne sabayon	€8
Pecan torte, salted caramel	€8
Praline parfait, poppy seed croquant, poached pear, Baileys ice cream	€8
Chocolate fondant, coca nibs, stout ice cream	€8
Selection of ice cream	€8
Classic crème brulee, lemon sable biscuits	€8
Cheese selection	€12

LIQUER COFFEES & HOT TODDIES

Irish Coffee	€8.5	French Coffee	€8.5
Baileys Coffee	€8.5	Hot Port	€6.5
Calypso Coffee	€8.5	Hot Whiskey	€6.5

CHAMPAGNE, PROSECCO, DESSERT WINE & PORT

Dow's White Port	€7	Alasia Moscato Passito "Palazzina"	€8
Dow's late bottled vintage Port	€7	Casa Gheller, Prosecco Superiore	€9.8
Dow's Nirvana Chocolate Reserve Port	€8	Perrier-Jouet Grand Brut NV	€20

TEA & COFFEE

Barry's loose leaf breakfast tea	€4	Hot chocolate	€4
Earl Grey tea	€4.5	Hot chocolate with orange or chilli	€4.5
Mint tea	€4.5	Americano	€3.5
Green tea	€4.5	Espresso Macchiato	€3
Camomile tea	€4.5	Cappuccino Latte Chai Latte	€4

Tumeric, ginger & lemon shot €3

BREAKFAST

Monday - Friday 8am - 11.30am

BRUNCH

Saturday 9am - 3pm | Sunday 9am - 4pm

ALL DAY DINING MENU

Monday - Thursday 12pm - 10pm | Friday 12pm - 10.30pm | Saturday 5pm - 10.30pm | Sunday 5pm - 10pm

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balfes



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